



Online Risk: Exposure to Inappropriate Content

Inappropriate online content is content that is not age-appropriate and may make your child feel uncomfortable or distressed. Such content may contain misleading information that may deceive your child or encourage them to engage in behaviours that are criminal or dangerous.



Have regular conversations with your child to find out what they are doing online and let them know that they can always come to you if they come across content that makes them feel uncomfortable, unsure or distressed.

What should your child do if they come across inappropriate content online?

Examples of Inappropriate Content

Content containing offensive or inflammatory language.

Sites encouraging vandalism, crime, terrorism, racism, eating disorders, self-harm or suicide.

Photos, videos or games which show images of violence or cruelty towards other people and/or animals.

Actions to Take



Report and block the content

Report content which violates the Community Guidelines of the social media platform providers.



Close the browsing tab

Quit the browser or close the browsing tab immediately to stop viewing inappropriate content.



Talk to a trusted adult

Share what they saw and how they felt after viewing it with a trusted adult.

✓ How can you reduce your child's exposure to inappropriate content?

Aside from using parental controls, you can ensure that:

- ① When they search for information online, they are using a browser which has the safety tool turned on to filter out explicit search results.
- ② They set their privacy settings to "Contacts Only" for wireless sharing and transferring of files between nearby devices. This prevents your child from receiving unsolicited file transfers from strangers.
- ③ Their social media account(s) only accept direct messages (DMs) from people they know. This ensures that messages from people they do not know or do not follow appear as message requests, allowing your child to review and decide if they wish to communicate with the requestor.



You can find out more information about how you can help your child stay safe online by scanning this QR code.